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Association Colori di Langa

www.coloridilanga.it



Presentation

The association Colori di Langa was founded in 2007 as a result of the team work carried out by accommodations from Sinio, a small medieval village situated a few kilometers from Alba, in the heart of the Langhe, a hilly area in the south of Piedmont, a land of wines, truffles and breathtaking views!

The association currently counts in four family-run accommodations: two B&B and two holiday farms: some of us are also farmers, personally working in the hazelgroves, vineyards, and wineries. Our guests are received kindly and simply, and they can always be in direct contact with the people who live and work in this land.

The spirit of the association is to promote the peculiar qualities and traditions of our area. The first step has been the decision to come and live in the country, restoring the old farms where we live and welcome tourists. Now we would like to persist in our intention, proposing initiatives and events, either both independently or in collaboration with other partners (municipality, Local Tourism Association, etc.), in the field of tourism, food and wine, culture, sport and nature.

Holidays

A holiday is always too short to discover the best of the area you are visiting just by yourself. Indeed we would like to propose our guests a landmark holiday far from the ordinary destinations, enjoying the possibility of doing several activities and appreciating the most interesting aspects of our land: environment, landscape, wines and food.

These are our offers for people who love sport and nature:

Go and walk through the Langhe – excursions through woods, vineyards and hazelgroves

Freewheeling – cycling up and down the hills

Photography workshop – a short photography course in the Langhe

... and for those who love good food:

Grandmother's recipes – cooking classes with a special chef

Finally we propose you to discover our region through:

The Romantic Street of Langhe and Roero – using car or bicycle



Our proposals fit any tourist's needs as to availability of time: just a weekend or a whole week. Our proposals are suggestions only: we will be more than happy to adapt and tailor a solution that specifically suits on guests' needs. For example, meals and excursions can be managed by visitors thanks to the information given by the association; more services can be provided, such as guides, transfers by rental car or minibus, etc. (look at the price list in "Extra charges"). Just remember to make your request in advance, so that we can organize everything.

General information:

Period: from March 15th to September 15th

Accommodation: Holiday farms and B&B, associated with Colori di Langa

Transfers: with one's own car or rental mini bus

Assistance: During your stay, we can arrange qualified local guides as well as English, German and French interpreters for the cookery course.

Meals: The Langhe region is famous for its cooking tradition, originating a very big choice of restaurants, trattorie and osterie.



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GRANDMOTHER'S RECIPES

Stay in the South of Piedmont, discovering the wine and food of a special land



Who should pass on the cookery culture of our land better than our grandmothers? From the humble traditional country dishes, like gnocchi, bagna cauda and stuffed onions, to designer courses of Piedmontese cooking, such as vitello tonnato, agnolotti, brasato, bollito, etc...

How many times, having enjoyed a great meal, have you thought: "Ah, if only I could have the recipe?" Well, here is your opportunity! *Pro Loco* (a local association) along with *Colori di Langa*, organises cooking classes and demonstrations in Sinio, a small medieval village in the heart of the Langhe. The women of the village have collected their stories and best recipes, and will be delighted to teach those who would like to explore the art of local cooking, and take home a special memory of our land.

Participants: min. 2 - max. 8 people

Subjects of the cooking classes:

- Introduction to Piedmontese and Langarola cooking
- Wine and food matchings
- Demonstration and Practicals (starters, first course, second course, dessert)
- Making cheese at a local farm (upon request)
- Tasting the food prepared together

Proposals and Rates:

WEEK END (2 nights)

Staying (accommodation + activities): from **122.00 €/person**

A 4 hour cooking class: from **50.00 €/person**

FIVE DAYS (4 nights)

Staying (accommodation + activities): from **182.00 €/person**

7 hours of cooking classes: from **90.00 €/person**

A WEEK (7 nights)

Staying (accommodation + activities): from **254.00 €/person**

10 hours of cooking classes: from **128.00 €/person**

Proposal n. 1 - WEEKEND (2 nights)

Programme

Friday:

Arrival in Sinio in the afternoon, welcome aperitif and a brief introduction to the cooking course. Transfer and Accommodation. Evening free.

Saturday:

Transfer to Alba for the big weekly market; where we will buy everything we need for the classes. Lunchtime free. In the afternoon – cooking class; followed by a dinner of the dishes prepared.

Sunday:

"From vineyards to winery": a tour from Sinio to Serralunga, where we will visit the Castle. On the way back, wine tasting at a farm with an aperitif in the vineyards. Lunch: picnic with cheese, ham and meat. Relax and departure.

Individual rate for the stay:

122.00 €/person

Cost includes:

2 nights in a double room, breakfast included
1 picnic and 2 aperitifs
1 visit to the Castle
"Colori di Langa" card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
a tour guide for the market in Alba and for the excursion
"From vineyard to winery"
anything else not described in 'Cost Includes' "

Individual rate for the cooking class:

For 2 people: 64.00 €/person

From 4 to 8 people: 50.00 €/person

Cost includes:

1 lesson (4 hours)
one or more cookers
1 tutor
1 dinner with the dishes prepared
information pack

Cost doesn't include:

Purchase cost of food for the course (expected 10.00 - 15.00 €/person)
Translation service
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 € person
Rental bus, max 9 seats	108.00 € a day (fuel and driver not included)
Interpreter or a tour guide	60.00 € for half a day 120.00 € for a whole day
Guide	48.00 € for the market in Alba



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GRANDMOTHER'S RECIPES

Stay in the South of Piedmont, discovering the wine and food of a special land



Proposal n. 2 - FIVE DAYS (4 nights)

Programme

- Wednesday:** Arrival in Sinio in the afternoon, welcome aperitif and a brief introduction to the cooking course. Transfer and Accommodation. Evening free.
- Thursday:** *“From vineyards to winery”*: a tour from Sinio to Serralunga, where we will visit the Castle. On the way back, wine tasting at a farm with an aperitif in the vineyards. Lunch: picnic with cheese, ham and meat. Relax and departure.
- Friday:** Free day – It's possible to take part in one of the excursion suggested
- Saturday:** Transfer to Alba for the big weekly market, where we will buy everything we need for the classes. Lunchtime free. In the afternoon – cooking class; followed by a dinner of the dishes prepared
- Sunday:** Guided visits to a small food factory in Sinio: Antica Torroneria Piemontese (nougats). Departure.

Individual rate for the stay:

182.00 €/person

Cost includes:

4 nights in a double room, breakfast included
1 picnic and 2 aperitifs
1 visit to the Castle
“Colori di Langa” card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in ‘Cost Includes’
a tour guide for the market in Alba and for the excursion *“From vineyard to winery”*
a whole day excursion
anything else not described in ‘Cost Includes’

Individual rate for the cooking class:

For 2 people: 114.00 €/person
From 4 to 8 people: 90.00 €/person

Cost includes:

2 lesson (7 hours as a whole)
one or more cookers
1 tutor
2 dinner with the dishes prepared
information pack

Cost doesn't include:

Purchase cost of food for the course
(expected 15,00 - 30,00 €/person)
Translation service
anything else not described in ‘Cost Includes’

Extra charges:

Single room	72.00 € person
Rental bus, max 9 seats	108.00 € a day (fuel and driver not included)
Interpreter or a tour guide	60.00 € for half a day 120.00 € for a day whole
Guide	48.00 € for the market in Alba





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GRANDMOTHER'S RECIPES

Stay in the South of Piedmont, discovering the wine and food of a special land



Proposal n. 3 - ONE WEEK (7 nights)

Programme

<u>Sunday</u>	Arrival in Sinio in the afternoon, welcome aperitif and a brief introduction to the cooking course. Transfer and Accommodation. Evening free.
<u>Monday</u>	A group purchase: all together to the market or to a farm, to buy everything we need for the class Lunchtime free. In the afternoon – cooking class; followed by a dinner of the dishes prepared.
<u>Tuesday</u>	Day Free – unless you want to take part in one of the excursions suggested
<u>Wednesday</u>	<i>Relax and lunchtime free.</i> In the afternoon – cooking class; followed by a dinner with the dishes <i>prepared</i> .
<u>Thursday</u>	<i>"From vineyard to winery"</i> , a round trip (Sinio-Serralunga-Sinio); We will have: wine tasting at a farm with an aperitif in the vineyards visit to the Castle of Serralunga lunch: picnic with cheese, ham and meat stop on the "Strada Romantica of the Langhe and Roero"; the panoramic stopping point in Sinio is a perfect place of rest and observation. Evening free
<u>Friday</u>	Day Free – unless you want to take part in one of the excursions suggested
<u>Saturday</u>	Transfer to Alba for the big weekly market, where we will buy everything we need for the classes Lunchtime free. In the afternoon – cooking class; followed by a dinner of the dishes prepared
<u>Sunday</u>	Guided visits to a small food factory in Sinio: Antica Torroneria Piemontese (nougats). Departure



Individual rate for the stay:

254.00 €/person

Cost includes:

7 nights in a double room, breakfast included
1 picnic and 2 aperitifs
1 visit to the Castle
"Colori di Langa" card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
a tour guide for the market in Alba and for the excursion
"From vineyard to winery"
a whole day excursion
anything else not described in 'Cost Includes'

Individual rate for the cooking class:

For 2 people: 159.00 €/person
From 4 to 8 people: 128.00 €/person

Cost includes:

3 lesson (10 hours as a whole)
one or more cookers
1 tutor
3 dinner with the dishes prepared
information pack

Cost doesn't include:

Purchase cost of food for the course
(expected 20.00 - 45.00 €/person)
Translation service
anything else not described in 'Cost Includes'

Extra charges:

Single room	108.00 € person
Rental bus, max 9 seats	108.00 € a day (fuel and driver not included)
Interpreter or a tour guide	60.00 € for half a day 120.00 € for a day whole
Guide	40.00 € for the market in Alba



Walking in the Langhe

In the recent past, when cars were only for rich people, our grandparents used to get on foot paths and cart tracks that connected little hamlets in the Langhe. Today, these trails are routes suitable to trace the local ancient traditions and customs, following the rhythm of our steps. This is an ideal way to combine exercise and discovery of the area, visiting castles and museums, tasting wines and local products.

Therefore, we propose, three types of stay of different length:

- **Weekends**, for guests who only have a weekend.
- **Four days**, allowing a good knowledge of the territory
- **One week**, for those who have more time available and want to spend an active holiday enhanced by a number of initiatives and variations on a theme (horseback riding, cooking lessons, etc. ..), this proposal involves changing one's accommodation during the stay, according to the trekking route.

Stays and rates:

WEEKENDS (2 nights)	from 95.00 € person
FOUR DAYS (3 nights)	from 140.00 € person
ONE WEEK (7 nights)	from 275.00 € person



Note:

Proposal. n° 3 Week: **the seventh night is free!**

The rates indicated are a **basic offer** that does not include restaurant, meals, tourist guides, transfers (own car or rental car) unless otherwise stated. For more information refer to the section 'Cost doesn't include' in the description of the proposal. Our proposals are suggestions only. We will be more than happy to adapt and tailor an itinerary that specifically suits your needs.

Suggested walks:



A	Easy	2 h	<i>On the orchid path. A ring route with departure and arrival in Sinio. You will cross hazel groves, vineyards and woods. Flowering season: May-June.</i>
B	Easy/ Medium	4-5 h	<i>On the wolf path. Roundtrip from Montelupo. Crossing fields, woods and hamlets. Short trip in 2 hours.</i>
C	Medium	5-6 h	<i>A roundtrip Sinio - Serralunga: from Sinio through the Barolo vineyards. Sweet tasting in a nougat factory. Visit of Barolo winery and winetasting. Visit to Serralunga hamlet and castle. Lunch in tavern. Way back to Sinio on the orchid path.</i>
D	Easy/ Medium	4 h	<i>On the "Malora" (partisans) paths. Trekking in the High Langhe. Roundtrip from San Bovo di Castino. Possible horseback riding. Crossing chestnut woods and hamlets. Lunch in a tavern or picnic.</i>
E	Medium	5-6 h	<i>From Sinio to Vergne crossing Roddino, Monforte and Barolo. Possible visit to farmhouse producing cheese. Visit to the ancient hamlet of Monforte and Barolo castle. Option of returning by car/minibus.</i>
F	Easy	3 h	<i>Round trip from Vergne crossing Novello and Barolo. Winetasting. Visit to Novello neo-gothic castle park. Visit to Barolo castle and the wine cellar shop. .</i>
G	Easy	3 h	<i>From La Morra to Grinzane Cavour. A mostly a downhill walk, ending in Grinzane Cavour Castle. Visit of the castle and the wine cellar shop. Option of returning by car/minibus .</i>



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Walking in the Langhe

Proposal 1 - WEEKENDS (2 nights)

Programme

Friday:

Arrival in Sinio in the afternoon, briefing and welcome aperitif. Transfer and Accommodation.
Evening free.

Saturday:

Breakfast. One of the suggested walks (A,B,C,D), according to the difficulty and length.
Lunch free or picnic basket. Evening free.

Sunday:

Breakfast. One of the suggested walks (A,B,C,D), according to the difficulty and length. Lunch free or picnic basket. Relax and departure.

Individual rate for the stay:

102.00 €/ person

Cost includes:

2 nights in a double room, breakfast included
welcome aperitif
"Colori di Langa" card and insurance
information on the selected walks.

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water.
Bus rental, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole
	60.00 €	for a day half

Proposal 2 - 4 days / 3 nights

Programme

Day 1°:

Arrival in Sinio in the afternoon. Briefing and welcome aperitif. Transfer and Accommodation.
In the afternoon walk along the orchids path (A)
Evening free.

Day 2°:

Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length.
Lunch free or picnic basket. Possible visit to farm museum. Wine tasting.
Evening free.

Day 3°:

Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length.
Lunch free or picnic basket. Possible visit next to honey producer or nougat factory.
Honey or sweet tasting. Evening free

Day 4°:

Breakfast. Visit a farmhouse producing cheese. Cheese tasting. Walk back along path.
Alternatively one of the suggested walks (F,G). Departure

Individual rate for the stay:

130.00 €/ person

Cost includes:

3 nights in a double room, breakfast included
1 visit with honey tasting
1 visit with cheese tasting
1 visit with wine tasting
welcome aperitif
Information on the selected walks
ARCI - Colori di Langa card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water
Rental bus, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole.
	60,00 €	for a day half .
Horseback riding	36 € / 88 €	1 hour / 1 day



Walking in the Langhe

Proposal 3 - ONE WEEK (7 nights)

Programme

<u>Saturday</u>	Arrival in Sinio in the afternoon. Briefing and welcome aperitif. Transfer and Accommodation. In the afternoon walk along the orchids path (A). Evening free.
<u>Sunday</u>	Breakfast. One of the suggested walks (B,C,D), according to the difficulty and length. Lunch free or picnic basket. Possible visit to farm museum. Wine tasting. Evening free.
<u>Monday</u>	Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length. Lunch free or picnic lunch box. Possible visit to honey producer or nougat factory. Honey or sweet tasting. Evening free
<u>Tuesday</u>	Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length. Lunch free or picnic basket. In the afternoon, possibility participate in a cooking course in collaboration with the local tourist association. Dinner with the dishes prepared. Alternatively evening free.
<u>Wednesday</u>	Breakfast. Walk (E) as in the description. Transfer luggage and change of accommodation. Arrival in Vergne and accommodation in the rooms. Evening free.
<u>Thursday</u>	Breakfast. One of the suggested walks (F,G) according to the difficulty and length. Lunch free or picnic basket. Optional visits to Barolo castle /Grinzane Cavour castle. Winetasting in the wine cellar shop. Dinner free.
<u>Friday</u>	Breakfast. One of the suggested walks (F,G), according to the difficulty and length. Lunch free or picnic basket. Optional visits to Barolo castle /Grinzane Cavour castle. Winetasting in the wine cellar shop. Dinner free.
<u>Saturday</u>	Breakfast. Optional transfer to Alba for the fruit and vegetable weekly market. Departure.



Individual rate for the stay:

238,00 €/ person

Cost includes:

7 nights in a double room, breakfast included
1 visit with honey tasting
1 visit with cheese tasting
1 visit with wine tasting
welcome aperitif

Information on the selected walks
ARCI – Colori di Langa card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	108.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water
Rental bus, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole
	60.00 €	for a day half .
Guide	30.00€	Saturday morning for the Alba market
Interpreter / Driver	60.00 €	Day half
Horseback riding	36 € / 88 €	1 hour / 1 day



The beauty of the landscape and the gentle rolling hills of the Langhe are an inviting and challenging land for the fans of the pedal. The Hard work and good sweat will vanish before the incomparable views of the pattern of the hills and the Alps. The climbs and descents are quite challenging but not exhausting. The roads are never too busy being in some cases real cycle paths. Do not miss the opportunity to combine physical training with visits to museums and castles, as well as tasting of wines and local products. The excursion table (next page) contains a rating of difficulty so that riders can choose the itineraries which best suit their training. Upon request, we offer a minibus service to help the cyclists on the route, or to draw a linear route that provides for the recovery of the cyclists. The proposals can be self-managed with the informations resorting to the association or taking advantage of an experienced bike guide.

Proposals:

WEEKENDS (2 nights) from **102.00 €person**

FIVE DAYS (4 nights) from **166.00 €person**

Suggested trips:

A	Easy	2 h	<i>From Sinio to Grinzane Cavour roundtrip (30 km)</i>
B	Easy / Medium	3 h	<i>From Sinio to Alba. On road from Sinio to Roddi and from Roddi to Alba along the river Tanaro cycle path. Return from Alba to Sinio on road. (40 km., of which 15 on cycle path)</i>
C	Medium	5-6 h	<i>From Sinio to Govone. On road from Sinio to Roddi and from Roddi to Alba along the River Tanaro cycle path. <u>Way back to Alba by local train</u>. Back from Alba to Sinio (60 km, of which 35 on cycle path).</i>
D	Easy	2-3 h	<i>From Sinio to S.Benedetto Belbo by car or minibus. Cycle way along the river Belbo as far as the Pavoncella hut. (30 km.roundtrip). Option lunch in a restaurant.</i>
E	Medium	2 h	<i>Sinio – Montelupo – Sinio loop (35 km.)</i>
F	Easy / Medium	2-3 h	<i>Sinio – Pedaggera – Monforte – Barolo – Grinzane – Sinio (loop 42km.). Easy option with possible transfer to Pedaggera (35km.). Possibility of visits in to Barolo castle or Grinzane castle.</i>
G	Difficult	4 h	<i>Sinio – Pedaggera – Serravalle – Dogliani – La Morra – Sinio) (65 km. loop). Possibility of visits and tasting of local products.</i>
H	Very difficult	5 h	<i>The champions' climbs circuit. Including Marco Pantani, Charly Gaul and Gino Bartali. From Sinio to Albaretto Torre, Lequio Berria, San Bovo, Manera.</i>





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Freewheeling



Proposal 1 - WEEKENDS (2 nights)

Programme

Friday:	Arrival in Sinio in the afternoon, welcome aperitif and introducing briefing. Transfer and Accommodation. Possible warm-up trip (suggested A, E). Evening free.
Saturday:	Breakfast. One of the suggested bike trips (B,C,D,F,G,H), according to the difficulty and length. Lunch free or picnic basket. Evening free.
Sunday:	Breakfast. One of the suggested bike trips (B,C,D,F,G,H), according to the difficulty and length. Lunch free or picnic basket. Relax and departure.

Individual rate for the stay:

102.00 €/ person

Cost includes:

2 nights in a double room, breakfast included
welcome aperitif
"Colori di Langa" card—insurance
information on the selected bike trips.

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the cycling guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 €	person / night
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water.
Bus rental, max 9 seats	108.00 €	a day (fuel and driver not included)
Cycling guide	120.00 €	for a day whole
	60,00 €	for a day half
Bike transfer	42.00€	Driver service for transfer of bikes in a range of 35 km

Proposal 2 - FIVE DAYS / FOUR NIGHTS

Programme

Day 1°:	Arrival in Sinio in the afternoon, welcome aperitif and introducing briefing. Transfer and Accommodation. Possible warm-up trip (suggested A, E). Evening free.
Day 2°:	Breakfast. One of the suggested bike trips (B,C,D,F,G,H), according to the difficulty and length. Lunch free or picnic basket. Possible visit to a farming museum. Wine tasting. Evening free.
Day 3°:	Breakfast. One of the suggested bike trips (B,C,D,F,G,H), according to the difficulty and length. Lunch free or picnic basket. Possible visit to a Wellness centre with massaging, spa, hammam treatment. Evening free
Day 4°:	Breakfast. One of the suggested bike trips (B,C,D,F,G,H), according to the difficulty and length. Lunch free or picnic basket. Possible visit next a honey producer or nougat factory. Honey or sweet tasting. Evening free.
Day 5°:	Breakfast. One of the short bike trips (Suggested A or E) or visit to a farmhouse producing cheese. Cheese tasting. Departure.

Individual rate for the stay:

166.00 €/ person

Cost includes:

4 nights in a double room, breakfast included
1 visit with honey tasting
1 visit with cheese tasting
1 visit with wine tasting
welcome aperitif
Information on the selected trips
ARCI – Colori di Langa card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Fee Includes'
the cycling guide
anything else not described in 'Fee Includes'

Extra charges:

Single room	72.00 €	person / night
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water.
Rental bus, max 9 seats	108.00 €	a day (fuel and driver not included)
Cycling guide	120.00 €	for a day whole
	60.00 €	for a day half
Bike transfert	42.00€	Driver service for transfer of bikes in a range of 35 km



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Romantic road

Tourism proposal - WEEKEND (2 nights)

Programme:	
<u>Friday:</u>	Arrival in Sinio in the afternoon, welcome aperitif; introducing briefing of the romantic road and the program. Transfer and accommodation in the rooms. Short walk to the n° 7 panoramic stopping point . Evening free.
<u>Saturday:</u>	Breakfast. Meeting with the guide and minibus. Departure by minibus to Vezza d'Alba, initial panoramic stopping point of the Romantic road. Route by minibus as far as Sinio along the seven stopping points, with tasting of local products and territory visit. Back to the accommodations. Evening and dinner free.
<u>Sunday:</u>	Breakfast. Departure by minibus to the second part of the Romantic road. Route as far as Camerana with stops, tasting of local products and territory visit. Back to Sinio. Departure

<p><u>Individual rate for the stay:</u></p> <p>230.00 €/ person</p> <p>Cost includes:</p> <p>2 nights in a double room, breakfast included welcome aperitif Minibus and guide-driver support for all the tour Saturday and Sunday lunches in a inn or bar. "Colori di Langa" card and insurance.</p> <p>Cost doesn't include:</p> <p>any meals not described in 'Cost Includes' anything else not described in 'Cost Includes'</p>
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Extra charges:	
Single room	48.00 € person / night



Cycling proposal - WEEKENDS (2 nights)

Program (route not suitable for beginners or not trained cyclist)	
<u>Friday:</u>	Arrival in Sinio in the afternoon, welcome aperitif; introducing briefing of the romantic road and the program. Transfer and accommodation in the rooms. Short walk to the n° 7 panoramic stopping point . Evening free.
<u>Saturday:</u>	Breakfast. Cyclists and bikes transfer by minibus to Vezza d'Alba, departure of Romantic road. Self guided trip with information pack (50 km. d.l.960 mt.). Arrival in Sinio. Dinner free.
<u>Sunday:</u>	Breakfast. Departure along the Romantic road second part route as far as Camerana (53 km. d.l..1410). Self guided trip with information pack . Cyclists and bikes minibus back transfer to Sinio. Departure.

<p><u>Individual rate for the stay:</u></p> <p>145.00 €/ person</p> <p>Cost includes:</p> <p>2 nights in a double room, breakfast included welcome aperitif Minibus and driver support for transfers Informations pack ARCI – Colori di Langa card and insurance</p> <p>Cost doesn't include:</p> <p>any meals not described in 'Cost Includes' anything else not described in 'Cost Includes'</p>
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Extra charges:	
Single room	48.00 € person / night
Picnic lunch box	8.50 € Sandwiches, fruit, cake and water.
Cycling guide	120.00 € for a day whole 60.00 € for a day half



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Photography workshop

An opportunity for fans and enthusiasts to learn or deepen their knowledge of the world of photography and at the same time live a beautiful experience in the countryside.

The scenery is the Langhe, a land of wines and truffles a few kilometers from Alba, in the south of Piedmont.

Amid rolling hills, castles, medieval villages and farmer houses you will be able to take outstanding countless shots in both day and sunset light.

The course will be taught by a keen professional photographer from these places. The logistic base is an ideal choice to comfortably accommodate participants and as a starting point for excursions.

Participants: min. 6 - max. 12 people



Proposals and Rates:

WEEKENDS (2 nights)

203,00 €person

Proposal - WEEKENDS (2 nights)

Programme

Friday:

Arrival in Sinio in the afternoon, welcome aperitif and introducing briefing. Transfer and Accommodation. Evening free. .

Saturday:

Presentation of participants and brief introductory lesson. Later 3 hours walk in the countryside (bring boots). Lunch stop at picnic area by the green.

Returning to base in the afternoon. Dinner at local inn with an exhibition of photographs and personal examination of the participants portfolios.

Sunday:

Morning second photographic outing with short walks. Picnic lunch in base. In the afternoon, viewing of the work carried out on Saturday, grounding in digital processing and use of Photoshop. Summing-up at about 17. Departure.



Individual rate for the stay:

170,00 €/ person

Cost includes:

2 nights in a double room, breakfast included
 Welcome aperitif
 2 picnic lunches
 Dinner in an inn with local cuisine (wines not included)
 Teaching assistance of professional photographer
 ARCI – Colori di Langa card

Cost doesn't include:

transfers by car or minibus
 anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 € person
Bus rental, max 9 seats	108.00 € a day (fuel and driver not included)



Depending on the length of your stay, you will be able to take part in several tours (a whole or half a day) and enrich your knowledge of the region. This includes historical and architectural aspects, local culture about vines and wines, the variety of the landscape, the places where local produce grown.... Or enjoy the deserved rest in a wellness center. These excursions can be effected using your own car, or using a rental car or minibus

Weekly market in Alba – An amusing and unique opportunity to go shopping together; buying what we need to cook during the cuisine class. A different way to visit the historic centre of Alba, a very lively town.

From vineyard to wineries – Excursions (walks, bike riding and driving) among the hazel groves and vineyards breathtaking scenery. You will be in the position to reach farms, visit wineries, taste and buy DOC and DOCG wines in the Barolo area, as well as to take part in a grape harvest in autumn.

Places of transformation – Guided visits to small food factories in the Langhe region: Antica Torroneria Piemontese in Sinio (nougat), Mulino Marino in Cosano Belbo (flour), Distilleria Montanaro in Gallo d'Alba (grappa), etc.

A mountain of tradition! – Tours in the Monregalesi and Grana Valleys to visit dairy farms and taste some D.O.P. cheese (such as Castelmagno, Raschera, Testun); Interesting for sightseeing places are the historic center of Mondovì, the Sanctuary of Vicoforte, the small cemeterial church of San Fiorenzo, the Castle of Casotto and the Sanctuary of Castelmagno – A DAY WHOLE

From hills to sea, there and back – Driving along the Old Salt Road, to reach the coast of Liguria and discover more about two of the most important ingredients of Piemontese cooking: olive oil and anchovies. Visit olive oil mills and medieval villages, tasting local products – A DAY WHOLE

From town to town – A Tour of the Langhe and Roero region, visiting castles (Grinzane, Barolo, Serralunga, Guarene, Govone, Magliano Alfieri...), charming villages (Monforte, Serralunga, La Morra, Pollenzo, Neive...) and small towns (Alba, Cherasco, Bra, Asti...). – A WHOLE OR HALF A DAY

Riding centre - Ride a horse in Roero and High Langhe, with an expert guide. Just an hour, half a day or a whole day according to the tourist's experience and skill.

Wellness centre – SPA, hammam treatment, massaging and more in the heart of the Langhe region.