



Walking in the Langhe

In the recent past, when cars were only for rich people, our grandparents used to get on foot paths and cart tracks that connected little hamlets in the Langhe. Today, these trails are routes suitable to trace the local ancient traditions and customs, following the rhythm of our steps. This is an ideal way to combine exercise and discovery of the area, visiting castles and museums, tasting wines and local products.

Therefore, we propose, three types of stay of different length:

- **Weekends**, for guests who only have a weekend.
- **Four days**, allowing a good knowledge of the territory
- **One week**, for those who have more time available and want to spend an active holiday enhanced by a number of initiatives and variations on a theme (horseback riding, cooking lessons, etc. ..), this proposal involves changing one's accommodation during the stay, according to the trekking route.

Stays and rates:

WEEKENDS (2 nights)	from 95.00 € person
FOUR DAYS (3 nights)	from 140.00 € person
ONE WEEK (7 nights)	from 275.00 € person



Note:

Proposal. n° 3 Week: **the seventh night is free!**

The rates indicated are a **basic offer** that does not include restaurant, meals, tourist guides, transfers (own car or rental car) unless otherwise stated. For more information refer to the section 'Cost doesn't include' in the description of the proposal. Our proposals are suggestions only. We will be more than happy to adapt and tailor an itinerary that specifically suits your needs.

Suggested walks:



A	Easy	2 h	<i>On the orchid path. A ring route with departure and arrival in Sinio. You will cross hazel groves, vineyards and woods. Flowering season: May-June.</i>
B	Easy/ Medium	4-5 h	<i>On the wolf path. Roundtrip from Montelupo. Crossing fields, woods and hamlets. Short trip in 2 hours.</i>
C	Medium	5-6 h	<i>A roundtrip Sinio - Serralunga: from Sinio through the Barolo vineyards. Sweet tasting in a nougat factory. Visit of Barolo winery and winetasting. Visit to Serralunga hamlet and castle. Lunch in tavern. Way back to Sinio on the orchid path.</i>
D	Easy/ Medium	4 h	<i>On the "Malora" (partisans) paths. Trekking in the High Langhe. Roundtrip from San Bovo di Castino. Possible horseback riding. Crossing chestnut woods and hamlets. Lunch in a tavern or picnic.</i>
E	Medium	5-6 h	<i>From Sinio to Vergne crossing Roddino, Monforte and Barolo. Possible visit to farmhouse producing cheese. Visit to the ancient hamlet of Monforte and Barolo castle. Option of returning by car/minibus.</i>
F	Easy	3 h	<i>Round trip from Vergne crossing Novello and Barolo. Winetasting. Visit to Novello neo-gothic castle park. Visit to Barolo castle and the wine cellar shop. .</i>
G	Easy	3 h	<i>From La Morra to Grinzane Cavour. A mostly a downhill walk, ending in Grinzane Cavour Castle. Visit of the castle and the wine cellar shop. Option of returning by car/minibus .</i>



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Proposal 1 - WEEKENDS (2 nights)

Programme

Friday:

Arrival in Sinio in the afternoon, briefing and welcome aperitif. Transfer and Accommodation.
Evening free.

Saturday:

Breakfast. One of the suggested walks (A,B,C,D), according to the difficulty and length.
Lunch free or picnic basket. Evening free.

Sunday:

Breakfast. One of the suggested walks (A,B,C,D), according to the difficulty and length. Lunch free or picnic basket. Relax and departure.

Individual rate for the stay:

102.00 €/ person

Cost includes:

2 nights in a double room, breakfast included
welcome aperitif
"Colori di Langa" card and insurance
information on the selected walks.

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water.
Bus rental, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole
	60.00 €	for a day half

Proposal 2 - 4 days / 3 nights

Programme

Day 1°:

Arrival in Sinio in the afternoon. Briefing and welcome aperitif. Transfer and Accommodation.
In the afternoon walk along the orchids path (A)
Evening free.

Day 2°:

Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length.
Lunch free or picnic basket. Possible visit to farm museum. Wine tasting.
Evening free.

Day 3°:

Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length.
Lunch free or picnic basket. Possible visit next to honey producer or nougat factory.
Honey or sweet tasting. Evening free

Day 4°:

Breakfast. Visit a farmhouse producing cheese. Cheese tasting. Walk back along path.
Alternatively one of the suggested walks (F,G). Departure

Individual rate for the stay:

130.00 €/ person

Cost includes:

3 nights in a double room, breakfast included
1 visit with honey tasting
1 visit with cheese tasting
1 visit with wine tasting
welcome aperitif
Information on the selected walks
ARCI - Colori di Langa card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	48.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water
Rental bus, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole.
	60,00 €	for a day half .
Horseback riding	36 € / 88 €	1 hour / 1 day



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Proposal 3 - ONE WEEK (7 nights)

Programme

<u>Saturday</u>	Arrival in Sinio in the afternoon. Briefing and welcome aperitif. Transfer and Accommodation. In the afternoon walk along the orchids path (A). Evening free.
<u>Sunday</u>	Breakfast. One of the suggested walks (B,C,D), according to the difficulty and length. Lunch free or picnic basket. Possible visit to farm museum. Wine tasting. Evening free.
<u>Monday</u>	Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length. Lunch free or picnic lunch box. Possible visit to honey producer or nougat factory. Honey or sweet tasting. Evening free
<u>Tuesday</u>	Breakfast. One of the suggested walks (B,C,D) according to the difficulty and length. Lunch free or picnic basket. In the afternoon, possibility participate in a cooking course in collaboration with the local tourist association. Dinner with the dishes prepared. Alternatively evening free.
<u>Wednesday</u>	Breakfast. Walk (E) as in the description. Transfer luggage and change of accommodation. Arrival in Vergne and accommodation in the rooms. Evening free.
<u>Thursday</u>	Breakfast. One of the suggested walks (F,G) according to the difficulty and length. Lunch free or picnic basket. Optional visits to Barolo castle /Grinzane Cavour castle. Winetasting in the wine cellar shop. Dinner free.
<u>Friday</u>	Breakfast. One of the suggested walks (F,G), according to the difficulty and length. Lunch free or picnic basket. Optional visits to Barolo castle /Grinzane Cavour castle. Winetasting in the wine cellar shop. Dinner free.
<u>Saturday</u>	Breakfast. Optional transfer to Alba for the fruit and vegetable weekly market. Departure.



Individual rate for the stay:

238,00 €/ person

Cost includes:

7 nights in a double room, breakfast included
1 visit with honey tasting
1 visit with cheese tasting
1 visit with wine tasting
welcome aperitif

Information on the selected walks
ARCI – Colori di Langa card and insurance

Cost doesn't include:

transfers by car or minibus
any meals not described in 'Cost Includes'
the hiking guide
anything else not described in 'Cost Includes'

Extra charges:

Single room	108.00 €	per person
Picnic lunch box	8.50 €	Sandwiches, fruit, cake and water
Rental bus, max 9 seats	108.00 €	a day (fuel and driver not included)
Hiking guide	120.00 €	for a day whole
	60.00 €	for a day half .
Guide	30.00€	Saturday morning for the Alba market
Interpreter / Driver	60.00 €	Day half
Horseback riding	36 € / 88 €	1 hour / 1 day